

*Hello!* If you are self-quarantined, I can help.

My name is \_\_\_\_\_

I live locally at \_\_\_\_\_

My phone number is \_\_\_\_\_

If you are self-quarantined due to COVID-19 I can help with:

\_\_\_ picking up shopping                      \_\_\_ Posting Mail

\_\_\_ A friendly phone call                      \_\_\_ Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

**Ministry of First Baptist Church, Martinsville    23 Starling Ave.**

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m). Wash your hands regularly. Items should be left on your doorstep.

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